SHOULD I REPORT THE INJURY OR SEE IF I GET BETTER?

Always report your injury immediately, even if you are not sure you have suffered a significant injury. Too often employees adopt a wait and see attitude, and by the time they have confirmed their injury, weeks or months have passed by. The compensation carriers take a dim view of this wait and see approach and can effectively argue to the Workers' Compensation Commissioner that this late reported injury is due to some intervening, non-work related event. When considering whether to file a claim, safe is always better than sorry.